

John Hasenstab Warrior Relays
Walsh Jesuit High School
April 18, 2026

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| 8:30 | COACHES MEETING | 12:00 | Girls 100 Meter Dash Girls 100 Meter Dash Wheelchair |
| 8:55 | NATIONAL ANTHEM | | Boys 100 Meter Dash Boys 100 Meter Dash Wheelchair |
| | FIELD EVENTS | 12:15 | Girls 4x200 Meter Relay Boys 4x200 Meter Relay |
| | Three competitor "relay" teams | 12:45 | Girls 1600 Meter Run Boys 1600 Meter Run |
| 9:00 | Girls Shot Put Relay (4 throws) | 1:05 | Girls Distance Medley (1200-400-800-1600) Boys Distance Medley (1200-400-800-1600) |
| 9:00 | Girls Shot Put Wheelchair (4 throws) | | |
| 9:00 | Girls High Jump Relay | 1:40 | Girls Shuttle Hurdles (30") Boys Shuttle Hurdles (30") |
| 9:00 | Girls Pole Vault Relay | | |
| 9:00 | Boys Long Jump Relay (4 jumps) | 2:15 | Girls 4x100 Meter Relay Boys 4x100 Meter Relay |
| 9:00 | Boys Discus Relay (4 throws) | 2:35 | Girls 400 Meter Dash Girls 400 Meter Dash Wheelchair Boys 400 Meter Dash Boys 400 Meter Dash Wheelchair |
| | Start time is 12:30 or 30 minutes after the completion of the opposite gender | | |
| 12:30 | Girls Discus Throw Relay (4 throws) | 2:50 | Girls 300 Meter Hurdles Boys 300 Meter Hurdles |
| 12:30 | Girls Long Jump Relay (4 jumps) | | |
| 12:30 | Boys Shot Put Relay (4 throws) | 3:05 | Girls 800 Meter Run Girls 800 Meter Run Wheelchair Boys 800 Meter Run Boys 800 Meter Run Wheelchair |
| 12:30 | Boys Shot Put Wheelchair (4 throws) | | |
| 12:30 | Boys High Jump Relay | 3:15 | Girls 200 Meter Dash Boys 200 Meter Dash |
| 12:30 | Boys Pole Vault Relay | 3:30 | Girls 3200 Meter Run Boys 3200 Meter Run |
| | RUNNING EVENTS | 4:00 | Girls Sprint Medley (100-100-200-400) Boys Sprint Medley (100-100-200-400) |
| | One individual in open event | 4:20 | Girls 4x400 Meter Relay Boys 4x400 Meter Relay |
| 9:00 | Girls 4x1600 Meter Relay | | |
| 9:30 | Boys 4x1600 Meter Relay | | |
| | BREAK | | |
| 11:15 | Girls 4x800 Meter Relay Boys 4x800 Meter Relay | | |
| 11:45 | Girls 100 Meter Hurdles Boys 110 Meter Hurdles | | |