

Meet Information 2025

What	John Hasenstab Warrior Relays
Where	Walsh Jesuit High School Volpe Family Track and Field Complex
When	Saturday, April 19, 2025 (As always, we count back 8 weeks from the State Meet)
Next Year's Meet	Next season this meet will be held on the weekend of April 18, 2026
Bus Parking	Please refer to Bus Parking Map
Admission	\$5.00 – Cash or credit card at the gate – No presale tickets
Time Schedule	We will not run ahead of schedule
Bull Pen	The bull pen for ALL running events will be located at the south end of the track
Hip & Chest #'s	Numbers will be placed on the right hip and the right chest for individuals and relay anchors in races that do not finish in their lane. Numbers will be passed out in the bullpen
Team Camps	Please refer to Team Camp Map; Please refrain from camping in home stands; No “mini” camps on turf
Track & Turf	Athletes may warm up in the south D-zone and on the backstretch of the track; No warming up on football field or sideline; Coaches are allowed inside the track in designated coaching areas for the Long Jump and High Jump; Coaches, please show marshals your wrist ID when entering inside the fence
Hurdles	There should be ABSOLUTELY NO HURDLES on the football Field or sideline turf. There will be hurdles outside of the track that can be used for mobility/warm-ups in the south D-Zone. There will be some hurdles available on the back stretch for HURDLERS ONLY who need to do run outs during distance events. <u>Please do not move any hurdles from the track once they are set up for an event.</u>

Markings	Please use chalk or tennis ball halves on track or jump areas – NO TAPE
Spikes	Runners are encouraged to wear 1/8" to ¼" spikes
Awards	T-Shirt – 1st place; Ribbons – 2nd thru 8th place. First place T-Shirts awards will be awarded at the "fifty-yard" line. Please listen for the PA announcement; Coaches, please pick up your awards (ribbons) at the conclusion of the meet at Football Press Box
"PR" Bell	Also located at the "Fifty Yard" line is a Personal Record Bell. Competitors are encouraged to ring the PR Bell after they achieve a personal best effort.
Official Results	Official results may be found on Milesplit.com Live
Verification Forms	Pole Vault Certification Form – Turn in at the PV.
Scratch/Replace	Turn into Pat Ritchie, Pete Hannan, or Finish Line Press Box ASAP; Please circle boy or girl
Relays Sheets	Turn into Pat Ritchie, Pete Hannan, or Finish Line Press Box ASAP; Please circle boy or girl
HJ Progression	Boys: 5-3, 5-6, 5-8, 5-10, 6-0, 6-1, then by 1 inch Girls: 4-3, 4-6, 4-8, 4-10, 5-0, 5-1, then by 1 inch
PV Progression	Boys: 8-0, 9-0, 10-0, 10-6, 11-0, 11-6, 12-0, 12-3, then by 3 inches Girls: 7-0, 8-0, 9-0, 9-6, 9-6, 10-0, 10-3, then by 3 inches
Throws	Implements must be checked in at the tent behind the finish line press box upon arrival. Shot Put and Discus – One, One, One, and One.
Long Jump	Four attempts.
Checking out of a Field Event	An athlete may check out of the field event: <ul style="list-style-type: none"> • No sooner than 5 minutes before the start of their race. • The athlete MUST return to the field event immediately upon the completion of their running event (no more than 5 minutes after the race). • The athlete will be given a minimum 5-minute rest period upon return to the event before being called up or added back to the rotation. (The rest period can be extended at the

	<p>discretion of the head event official but cannot be shortened unless the athlete and/or coach requests or agrees to a shorter time.)</p> <ul style="list-style-type: none"> • Field event athletes can ask and are encouraged to take his trial or trials out of order, early, to complete the event before they leave for the running events.
Electronic Devices	To conduct a safe and quality meet for all participants, no electronic devices, including headphones, cell phones or radios will be permitted in the competition areas.
School	The school and locker rooms are OFF LIMITS to all teams and spectators
Rest Rooms	As already stated, the school and locker rooms are off limits. Please use the restrooms inside the stadium.
Severe Weather	If meet officials determined severe weather is imminent, then all athletes and coaches are requested to move to the Ricco Fieldhouse ASAP.
Concessions	Our concession stand in addition to Island Delights will provide food and drink
Pets	Please remind your fans that animals are not permitted on campus.