

Relay Sheet

School _____

Boys or Girls

(Please Circle)

- You only need to turn in this form if you need to make **changes** on the day of the meet.
- Please turn the changes into the Finish Line Press Box.

4x1600 Meter Relay

1. _____

2. _____

3. _____

4. _____

4x800 Meter Relay

1. _____

2. _____

3. _____

4. _____

4x200 Meter Relay

1. _____

2. _____

3. _____

4. _____

Distance Medley Relay (800-400-1200-1600)

1. _____

2. _____

3. _____

4. _____

Shuttle Hurdles

1. _____

2. _____

3. _____

4. _____

4x100 Meter Relay

1. _____

2. _____

3. _____

4. _____

4x400 Meter Relay

1. _____

2. _____

3. _____

4. _____

Sprint Medley Relay (100-100-200-400)

1. _____

2. _____

3. _____

4. _____