

Men's Most Valuable Runner

| | | | |
|------|------------------|-------------|--------------------|
| 1967 | Dave Antognoli | 1999 | Mike Kukurza |
| 1968 | Dave Antognoli | 2000 | Mike Kukurza |
| 1969 | Tom Stanley | 2001 | Jason Sigmund |
| 1970 | Tom Stanley | 2002 | Brian Reid |
| 1971 | Tom Stanley | 2003 | Mike Spittler |
| 1972 | Jim Mackey | | Charlie Coe |
| 1973 | Al Peterson | 2004 | Tony Dipre |
| 1974 | Mike Lancy | 2005 | Tony Dipre |
| 1975 | Paul Schlicting | 2006 | Keith Mrak |
| 1976 | Matt Tobin | | Jonathan Shepherd |
| 1977 | Matt Tobin | 2007 | Keith Mrak |
| 1978 | Scott Creel | 2008 | Noah Howkins |
| 1979 | Scott Creel | 2009 | Tony Howkins |
| 1980 | Bob Golias | 2010 | Tony Howkins |
| 1981 | Bob Golias | 2011 | Tony Howkins |
| 1982 | Shannan Ritchie | 2012 | Brian Brennan |
| 1983 | Shannan Ritchie | 2013 | Alexander Reimund |
| 1984 | Mike Luby | 2014 | Alexander Reimund |
| 1985 | Mike Luby | 2015 | Gavin Gronowski |
| 1986 | Chris Lenz | 2016 | Nathaniel Ondracek |
| 1987 | Mike Burch | 2017 | Nathaniel Ondracek |
| 1988 | Mike Krueger | 2018 | Nathaniel Ondracek |
| 1989 | Matt Barry | 2019 | Luke Ondracek |
| 1990 | Josh Ritchie | 2020 | Luke Ondracek |
| 1991 | Josh Ritchie | 2021 | Luke Ondracek |
| 1992 | Josh Ritchie | 2022 | Lucas Rey |
| 1993 | Josh Ritchie | 2023 | Lucas Rey |
| 1994 | Jason Izworski | | |
| 1995 | Brian Young | | |
| | Patrick Shanahan | | |
| 1996 | Brian Diaz | | |
| 1997 | Brian Diaz | | |
| | J.P. Mahoney | | |
| 1998 | J.P. Mahoney | | |

Men's Unsung Warrior – Michael Bunsey Award

Mike ran cross country for four seasons and graduated from Walsh Jesuit in 1983. Even though Mike ran on the varsity, he was never the number one man. His contribution to the team was invaluable. Mike eventually earned a Ph. D. from Cornell University. Mike suddenly passed away while training in 1998. This award is given to the athlete who is a consummate team member.

| | | | |
|------|------------------|-------------|----------------------|
| 1964 | | 1995 | Sam Gaston |
| 1965 | | | Mark Malecky |
| 1966 | | | Jack Morrison |
| 1967 | | 1996 | Bob Capanna |
| 1968 | None | 1997 | Jack Michael |
| 1969 | | 1998 | Joe Reed |
| 1970 | | 1999 | Josh Falbo |
| 1971 | | 2000 | Bobby Romano |
| 1972 | Jim Stevens | 2001 | Brian Reid |
| 1973 | | 2002 | Dave Killian |
| 1974 | Nick Frankovick | 2003 | Thomas Adam |
| 1975 | Matt Tobin | 2004 | Rick Niese |
| 1976 | Dave Kertis | 2005 | Matt Mrak |
| 1977 | Mike Hannon | 2006 | Dan Henry |
| 1978 | Dave Koneval | 2007 | Noah Howkins |
| 1979 | | 2008 | Michael Niese |
| 1980 | Paul Luby | 2009 | Matt Krakora |
| 1981 | Perry Durbin | 2010 | Cory Stockard |
| 1982 | Mike Luby | 2011 | Brian Brennan |
| | Rick Luby | | Matt Krakora |
| 1983 | Rick Luby | 2013 | Nick Ondracek |
| 1984 | Jim Cornue | 2014 | Sam Miller |
| 1985 | Shawn Killeen | 2015 | Kyle Neff |
| 1986 | Rich Wasowski | 2016 | Michael Girard |
| 1987 | Matt Resser | 2017 | Adam Lenz |
| 1988 | Matt Resser | 2018 | Adam Shah |
| 1989 | Tim Richard | 2019 | Gavin Carr |
| 1990 | Matt Barry | 2020 | Gavin Carr |
| 1991 | Louie Rundo | | Robbie Cramer |
| 1992 | Jason Isworski | 2021 | Luke Lenz |
| | Louie Rundo | 2022 | Cameron Kelly |
| | Jeff Smith | 2023 | Lou LaGuardia |
| 1993 | Scott Paulson | | |
| | Louie Rundo | | |
| | Jeff Smith | | |
| | Brian Young | | |
| 1994 | Patrick Shanahan | | |

Men's Most Improved Runner Award

This award is given to the athlete who has shown the most improvement. The recipient must meet one of two requirements. The improvement can be from last season to this season or the improvement can be from the beginning of this season to the end of this season.

| | | | |
|------|------------------|-------------|------------------------|
| 1967 | | 1996 | Jack Michael |
| 1968 | John Egan | 1997 | Joe Eby |
| 1969 | | 1998 | Nick Subak |
| 1970 | | 1999 | David Niles |
| 1971 | | 2000 | Brian Reid |
| 1972 | Greg Mudd | | Jason Sigmund |
| 1973 | | 2001 | Chris Reid |
| 1974 | Greg Mudd | 2002 | Matt Mrak |
| 1975 | Dave McKenna | 2003 | John Harvan |
| 1976 | Ed Soder | 2004 | Chris Harvan |
| 1977 | | 2005 | Andy Subak |
| 1978 | Sean Gaffney | 2006 | Jeffrey Sigmund |
| 1979 | | 2007 | Davis Stein |
| 1980 | Lou Birkle | 2008 | Cory Stockard |
| 1981 | Perry Durbin | 2009 | Jordan Shepherd |
| 1982 | Keith Feaster | 2010 | Evan Freeman |
| 1983 | Pat Hannon | 2011 | Jordan Shepherd |
| 1984 | Ed Cavanaugh | 2012 | David Harvan |
| | Chris Lenz | 2013 | Kyle Neff |
| 1985 | David Lee | 2014 | Nicholas Reimund |
| 1986 | Mike Burch | 2015 | Samir Jain |
| 1987 | Gary Moneysmith | 2016 | Adam Shah |
| | Ethan Shoaps | 2017 | Karios McCune |
| 1988 | David Chand | 2018 | Ryan Muakkassa |
| | Tim Richard | 2019 | Kunal Jain |
| 1989 | Chris Peterson | | Luke Lenz |
| | Mark Ruppe | 2020 | Ryan Hall |
| 1990 | Kevin Diaz | | Luke Lenz |
| 1991 | Jeff Drake | 2021 | Jack Meermans |
| 1992 | Scott Paulson | 2022 | Liam Gilson |
| 1993 | David Collier | | Noah Swain |
| | Patrick Shanahan | 2023 | Nico Pascarella |
| 1994 | Mark Malecky | | Patrick Warczak |
| 1995 | Bob Capanna | | |

Men's Rookie of the Year Award

This award is given to the athlete who has competed in Walsh Jesuit Cross Country for the first time and the award is open to all classes.

2004 Keith Mrak
2005 Patrick Sinko
2006 Tim Simpson
2007 Zach Wilkins
2008 Tony Howkins
Matt Krakora
2009 Brian Brennan
2010 Patrick Martin
2011 Nick Ondracek
2012 Cory Resweber
2013 Sam Miller
2014 Gavin Gronowski
2015 Mitch McGreal
2016 Karios McCune
2017 James Bagne
Gavin McHale
2018 Luke Ondracek
2019 Jack Bagne
2020 Brayden Wolff
2021 Caleb Smesko
2022 Lou LaGuardia
2023 Caleb Hamilton